

Contacting Us

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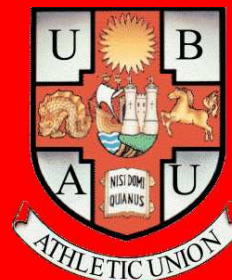


www.bristol lifesaving club.com

For any more details, please visit our website:

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Who We Are



- We are the University of Bristol Lifesaving Club.
- Last year we had about 35 members.
- We are a very dedicated and socially active club.

What We Do

Lifesaving Awards

Our main aim as a club is to train our members in the art of lifesaving. We mainly work towards the RLSS Bronze Medallion Award. This is a first aid and life support qualification that is internationally recognised. This progresses on to the more advanced Award of Merit.

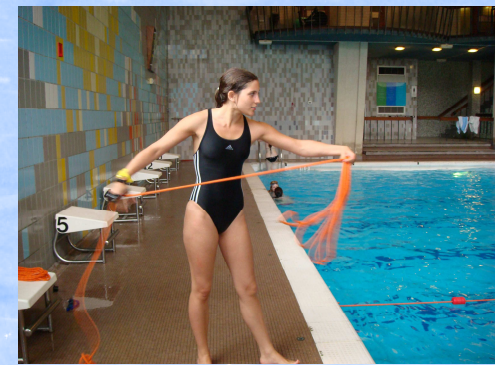


Lifeguarding

We also offer the professional National Pool Lifeguard Qualification (NPLQ), which enables an individual to work at pools nationwide. This course has limited places so will only be offered to regularly attending members.

Competitions

There are many lifesaving competitions throughout the year at different universities as well as a national league in which we compete. Competitions are great fun and a brilliant way to socialise with other lifesavers.



Having Fun

We run social events regularly which are a real laugh and perfect chance to get to know each other away from the pool!

What You Get

For just £10, you will get:

- Lifesaving training throughout the year.
- Subsidised Socials.
- Opportunities to compete nationally against other universities.
- The chance to qualify as a professional lifeguard as well as achieve other lifesaving awards.
- Membership to the Athletic Union.



Where We Train

We meet at the student union every Wednesday afternoon from 3 - 5, for one hour's first aid / life support training, followed by one hour's rescue training in the pool.

