

## Appendix

### Questionnaire Screen Shots



#### ALSPAC Gambling Survey

This survey is designed to understand the attitudes and actions of the ALSPAC study participants towards gambling.

Please answer the questions as honestly as you can and remember that as with all ALSPAC data collection your answers are only used anonymously.

This survey can be saved part way through and takes around 15 minutes to complete.

**Note that once you have clicked on the CONTINUE button at the bottom of each page you can not return to review or amend that page**

Continue >

## **ALSPAC Gambling Survey**

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Continue >

## Section A - Different Types of Gambling

This section asks you to identify whether or not you have participated in any gambling activities.

### Gambling Activities

#### 1. Tickets for the National Lottery.

Include Thunderball and Euromillions.

Do not include scratchcards.

Every day/Almost every day  4-5 days a week  2-3 days a week  About once a week  2-3 days a month  6-11 times a year  1-5 times a year  Not in the last 12 months

#### 2. Scratchcards.

Include National Lottery scratchcard games played online.

Do not include newspaper or magazine scratchcards.

Every day/Almost every day  4-5 days a week  2-3 days a week  About once a week  2-3 days a month  6-11 times a year  1-5 times a year  Not in the last 12 months

#### 3. Tickets for any *other* lottery

Include: charity lotteries for hospices, sports or social clubs, e.g. "Monday Lottery"

Do not include: Irish Lottery or any other international lotteries or buying raffle tickets.

Every day/Almost every day  4-5 days a week  2-3 days a week  About once a week  2-3 days a month  6-11 times a year  1-5 times a year  Not in the last 12 months

#### 4. The football pools

Do not include: Betting on football matches with a bookmaker.

Every day/Almost every day  4-5 days a week  2-3 days a week  About once a week  2-3 days a month  6-11 times a year  1-5 times a year  Not in the last 12 months

#### 5. Bingo cards or tickets

Include: playing boards at a Bingo Hall

Do not include: newspaper bingo tickets, or bingo played on-line.

Every day/Almost every day  4-5 days a week  2-3 days a week  About once a week  2-3 days a month  6-11 times a year  1-5 times a year  Not in the last 12 months

#### 6. Fruit Slot Machines

Do not include: quiz machines

Every day/Almost every day  4-5 days a week  2-3 days a week  About once a week  2-3 days a month  6-11 times a year  1-5 times a year  Not in the last 12 months

**7. Virtual gaming machines *in a bookmaker's* to bet on virtual roulette, keno, bingo etc.**

Do not include: quiz machines

Every day/Almost every day  4-5 days a week  2-3 days a week  About once a week  2-3 days a month  6-11 times a year  1-5 times a year  Not in the last 12 months

**8. Table games (roulette, dice or cards) *in a casino***

Do not include: poker or casino games played on-line.

Every day/Almost every day  4-5 days a week  2-3 days a week  About once a week  2-3 days a month  6-11 times a year  1-5 times a year  Not in the last 12 months

**9. On-line gambling like playing poker, bingo, slot machine style games, or casino games *for money***

Include: gambling on-line through a computer, mobile phone or interactive TV.

Do not include: bets made with on-line bookmakers or betting exchanges.

Every day/Almost every day  4-5 days a week  2-3 days a week  About once a week  2-3 days a month  6-11 times a year  1-5 times a year  Not in the last 12 months

#### 10. On-line betting *with a bookmaker on any event or sport*

Include: betting on-line through a computer, mobile phone or interactive TV.

Do not include: bets made with a betting exchange or spread-betting.

Every day/Almost every day  4-5 days a week  2-3 days a week  About once a week  2-3 days a month  6-11 times a year  1-5 times a year  Not in the last 12 months

#### 11. Betting Exchange

(This is where you lay or back bets against other people using a betting exchange. There is no bookmaker to determine the odds. This is sometimes called "peer-to-peer" betting.)

Every day/Almost every day  4-5 days a week  2-3 days a week  About once a week  2-3 days a month  6-11 times a year  1-5 times a year  Not in the last 12 months

#### 12. Betting on *horse races in a bookmakers, by phone, or at the track.*

Include: tote betting and betting on virtual horse races shown in a bookmakers.

Do not include: bets made with on-line bookmakers or betting exchanges.

Every day/Almost every day  4-5 days a week  2-3 days a week  About once a week  2-3 days a month  6-11 times a year  1-5 times a year  Not in the last 12 months

**13. Betting on dog races in a bookmakers, by phone, or at the track.**

Include: tote betting and betting on virtual dog races shown in a bookmakers.

Do not include: bets made with on-line bookmakers or betting exchanges.

Every day/Almost every day  4-5 days a week  2-3 days a week  About once a week  2-3 days a month  6-11 times a year  1-5 times a year  Not in the last 12 months

**14. Betting on any other event or sport at the bookmakers, by phone or at the venue.**

Include: Irish Lottery, 49s

Do not include: bets made with on-line bookmakers or betting exchanges, or spread-betting.

Every day/Almost every day  4-5 days a week  2-3 days a week  About once a week  2-3 days a month  6-11 times a year  1-5 times a year  Not in the last 12 months

**15. Spread-betting**

(In spread betting you bet that the outcome of an event will be higher or lower than the bookmaker's prediction. The amount you win or lose depends on how right or wrong you are.)

Every day/Almost every day  4-5 days a week  2-3 days a week  About once a week  2-3 days a month  6-11 times a year  1-5

times a year  Not in the last 12 months

**16. Private betting, playing cards or games for money with friends, family or colleagues.**

Every day/Almost every day  4-5 days a week  2-3 days a week  About once a week  2-3 days a month  6-11 times a year  1-5 times a year  Not in the last 12 months

**17. Any other form of gambling in the last 12 months**

Every day/Almost every day  4-5 days a week  2-3 days a week  About once a week  2-3 days a month  6-11 times a year  1-5 times a year  Not in the last 12 months

Please specify: *(Optional)*

Continue >



## Gambling Activities

In the previous section, if you have indicated that you do gamble at all, please complete this section. Please indicate the extent that each one has applied to you in the last 12 months.

**If you have never gambled, then please indicate this with the first question on this page, and then scroll the bottom of the page and click on continue.**

### In the last 12 months...

18. Have you ever participated in any of the forms of Gambling listed earlier?

Yes  No

a. If you gambled in the past 7 days which of these best explains why?

- I haven't gambled in the last 7 days
  - It is exciting.
  - To test how good I am at winning.
  - To cheer me up.
  - To get me out of the house.
  - To do something my friends and relatives do.
  - To show I can do it better than my friends.
  - To meet and make friends.
  - To try to win money.
  - Other (*please specify*):
-



In the past 12 months, how often...

b. ...have you gone back to try to win back the money you lost?

Almost always  Most of the time  Sometimes  Never

---

c. ...have you bet more than you can really afford to lose?

Almost always  Most of the time  Sometimes  Never

---

d. ...have you needed to gamble with larger amounts of money to get the same excitement?

Almost always  Most of the time  Sometimes  Never

---

e. ...have you borrowed money or sold anything to get money to gamble?

Almost always  Most of the time  Sometimes  Never

---

f. ...have you felt that you might have a problem with gambling?

Almost always  Most of the time  Sometimes  Never

---

g. ...have you felt that gambling has caused you any health problems, including stress or anxiety?

Almost always  Most of the time  Sometimes  Never

---

h. ...have people criticised your betting, or told you that you have a gambling problem, whether or not you thought it was true?

Almost always  Most of the time  Sometimes  Never

---

i. ...have you felt your gambling has caused financial problems for you or your household?

---

Almost always  Most of the time  Sometimes  Never

---

**j.** ...have you felt guilty about the way you gamble or what happens when you gamble?

Almost always  Most of the time  Sometimes  Never

---

At all other times...

**k.** When you gamble, how often do you go back another day to win back the money you lost?

Every time I lost  Most of the time I lost  Some of the time (less than half the time) I lost  Never

---

**l.** How often have you found yourself thinking about gambling (that is reliving past gambling experiences, planning the next time you will play, or thinking of ways you will get more money to gamble)?

Very often  Fairly often  Occasionally  Never

---

**m.** Have you needed to gamble with more and more money to get the excitement you are looking for?

Very often  Fairly often  Occasionally  Never

---

**n.** Have you felt restless or irritable when trying to cut down on gambling?

Very often  Fairly often  Occasionally  Never

---

**o.** Have you gambled to escape from problems or when you are feeling depressed, anxious or bad about yourself?

Very often  Fairly often  Occasionally  Never

---

**p.** Have you lied to family, or others, to hide the extent of your gambling?

Very often  Fairly often  Occasionally  Never

---

**q.** Have you made unsuccessful attempts to control, cut back or stop gambling?

Very often  Fairly often  Occasionally  Never

---

**r.** Have you committed a crime in order to finance gambling or to pay gambling debts?

---

Very often  Fairly often  Occasionally  Never

---

s. Have you risked or lost an important relationship, job, educational or work opportunity because of gambling?

Very often  Fairly often  Occasionally  Never

---

t. Have you asked others to provide money to help with a desperate financial situation caused by gambling?

Very often  Fairly often  Occasionally  Never

---

u. Gambling makes me happier.

strongly disagree  moderately disagree  mildly disagree  neither agree or disagree  mildly agree  moderately agree  strongly agree

---

v. I can't function without gambling.

strongly disagree  moderately disagree  mildly disagree  neither agree or disagree  mildly agree  moderately agree  strongly agree

---

w. Praying helps me win.

strongly disagree  moderately disagree  mildly disagree  neither agree or disagree  mildly agree  moderately agree  strongly agree

---

x. Losses when gambling, are bound to be followed by a series of wins.

strongly disagree  moderately disagree  mildly disagree  neither agree or disagree  mildly agree  moderately agree  strongly agree

---

y. Relating my winnings to my skill and ability makes me continue gambling.

strongly disagree  moderately disagree  mildly disagree  neither agree or disagree  mildly agree  moderately agree  strongly agree

---

z. Gambling makes things seem better.

---

strongly disagree  moderately disagree  mildly disagree  neither agree or disagree  mildly agree  moderately agree  strongly agree

---

**aa.** It is difficult to stop gambling as I am so out of control.

strongly disagree  moderately disagree  mildly disagree  neither agree or disagree  mildly agree  moderately agree  strongly agree

---

**ab.** Specific numbers and colours can help increase my chances of winning.

strongly disagree  moderately disagree  mildly disagree  neither agree or disagree  mildly agree  moderately agree  strongly agree

---

**ac.** A series of losses will provide me with a learning experience that will help me win later.

strongly disagree  moderately disagree  mildly disagree  neither agree or disagree  mildly agree  moderately agree  strongly agree

---

**ad.** Relating my losses to bad luck and bad circumstances makes me continue gambling.

strongly disagree  moderately disagree  mildly disagree  neither agree or disagree  mildly agree  moderately agree  strongly agree

---

**ae.** Gambling makes the future brighter.

strongly disagree  moderately disagree  mildly disagree  neither agree or disagree  mildly agree  moderately agree  strongly agree

---

**af.** My desire to gamble is so overpowering.

strongly disagree  moderately disagree  mildly disagree  neither agree or disagree  mildly agree  moderately agree  strongly agree

---

**ag.** I collect specific objects that help increase my chances of winning.

---

strongly disagree  moderately disagree  mildly disagree  neither agree or disagree  mildly agree  moderately agree  strongly agree

---

**ah.** When I have a win once, I will definitely win again.

strongly disagree  moderately disagree  mildly disagree  neither agree or disagree  mildly agree  moderately agree  strongly agree

---

**ai.** Relating my losses to probability makes me continue gambling.

strongly disagree  moderately disagree  mildly disagree  neither agree or disagree  mildly agree  moderately agree  strongly agree

---

**aj.** Having a gamble helps reduce tension and stress.

strongly disagree  moderately disagree  mildly disagree  neither agree or disagree  mildly agree  moderately agree  strongly agree

---

**ak.** I'm not strong enough to stop gambling.

strongly disagree  moderately disagree  mildly disagree  neither agree or disagree  mildly agree  moderately agree  strongly agree

---

**al.** I have specific rituals and behaviours that increase my chances of winning.

strongly disagree  moderately disagree  mildly disagree  neither agree or disagree  mildly agree  moderately agree  strongly agree

---

**am.** There are times that I feel lucky and thus, gamble those times only.

strongly disagree  moderately disagree  mildly disagree  neither agree or disagree  mildly agree  moderately agree  strongly agree

---

**an.** Remembering how much money I won last time makes me continue gambling.

---

strongly disagree  moderately disagree  mildly disagree  neither agree or disagree  mildly agree  moderately agree  strongly agree

---

**ao.** I will never be able to stop gambling.

strongly disagree  moderately disagree  mildly disagree  neither agree or disagree  mildly agree  moderately agree  strongly agree

---

**ap.** I have some control over predicting my gambling wins.

strongly disagree  moderately disagree  mildly disagree  neither agree or disagree  mildly agree  moderately agree  strongly agree

---

**aq.** If I keep changing my numbers, I have less chances of winning than if I keep the same numbers every time.

strongly disagree  moderately disagree  mildly disagree  neither agree or disagree  mildly agree  moderately agree  strongly agree

---

Continue >

## **Gambling Questionnaire Completed**

Thank you for completing this survey. Please feel free to provide feedback using the Contact Us options (above or below.)