8 March
- Reopen CD for outdoor schools activity
29 March
- Reopen CD for all outdoor activities (no spectators)
- Restart bookings and competitive fixtures for BSU Clubs (no spectators)
- Restart bookings and fixtures for External Clubs (no spectators)
- Reopen Sports Medicine Clinic
- Restart outdoor Personal Training
12 April
- Restart memberships
- Reopen gym at ISC and Langford
- Restart outdoor fitness classes
- Reopen Swimming Pool (no student club activity)
- Restart Swim School and junior indoor sport
- Restart hospitality at CD (outdoor only - cricket/hockey tea)
17 May
- Reopen Sports Hall at ISC and indoor Tennis courts at CD
- Restart indoor fitness classes
- Restart indoor bookings for BSU Clubs
- Restart indoor competitions
- Restart hospitality at full capacity at CD

Additional information
CD - Coombe Dingle
ISC - Indoor Sport Centre
BSU - Bristol Student's Union

Dates are given as a guideline only and activities listed at each stage will restart or reopen no earlier than the dates provided.