

HEALTH & SAFETY INFORMATION

Child safety in the pool

Please ensure that children in your care are supervised as follows:

1 adult to 1 child under 4 yrs

1 adult to 2 children age 4-8 yrs

Under 14's must be accompanied in the water by an adult.

Healthy Swimming

Before entering the pool:

Babies must use leak-proof swim pants (available free of charge from reception).

All swimmers please shower thoroughly before entering the pool.

If you or your child has recently had a tummy upset, it is recommended that you do not use the pool.

If you have any medical conditions that may affect your ability to swim, please inform the lifeguards before entering the pool.

Please ask at reception for further advice.