**Mini Water Polo**  
9:30-10:30am  
£42

Learning the basics of the sport from movement, shooting and passing to more complex skills and technique. Learning to work as a team. For stages 5+

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**Rookie Lifeguard**  
9:30-10:30am  
£18

14-15 Aug or 16-17 Aug (2 day courses)  
Please bring t-shirt and shorts to wear in the water. Valuable survival, rescue and sports skills, all delivered in an exciting way that will get children involved and motivated. For stages 5+

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**Snorkelling**  
9:30-10:30am  
£18

7-8 Aug or 9-10 Aug (2 day courses)  
We ask that your child brings their own equipment - mask, fins & snorkel. Introduces basic techniques of the use of fins, masks & snorkels and breathing underwater. For stages 6+

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**Swimming Lessons**  
£8d/£35w per child

<table>
<thead>
<tr>
<th>Dates</th>
<th>Stage</th>
<th>Times</th>
</tr>
</thead>
<tbody>
<tr>
<td>23 Jul - 27 Jul</td>
<td>Stage 2 &amp; 5</td>
<td>9 - 9:30am</td>
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<tr>
<td>30 Jul - 3 Aug</td>
<td>Stage 2 &amp; 5</td>
<td>9 - 9:30am</td>
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<tr>
<td>6 Aug - 10 Aug</td>
<td>Stage 2</td>
<td>9 - 9:30am</td>
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<tr>
<td>13 Aug - 17 Aug</td>
<td>Stage 2</td>
<td>9 - 9:30am</td>
</tr>
<tr>
<td>20 Aug - 24 Aug</td>
<td>Stage 2</td>
<td>9 - 9:30am</td>
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</tbody>
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For pre-requisite for water polo, lifeguard & snorkelling: your child should be able to swim 100m continuously (on back and front).  

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Book via reception or call 0117 331 8577  
Any questions? seh-swimschool@bristol.ac.uk or visit our website  
www.bristol.ac.uk/sport  
@bristolunisport